# 2021 AMENDMENT – CAFETERIA PLANS

We are providing you with this amendment so that you can amend your Cafeteria Plans to comply with the CARES, CAA Act and American Rescue Plan Act provisions; the provisions under IRS Notices 2020-29, 2021-15, and 2021-26; Announcement 2021-7, and the DOL/IRS updates to the claims procedures and COBRA timelines (IRS Notice 2020-23 and EBSA Disaster Relief Notices 2020-01 and 2021-01).

**Are cafeteria plans required to be amended for this change?**

No, most of these changes are optional. However, if the plan wants to take advantage of these changes, it must be amended to do so. The changes to claims deadlines and COBRA timelines are required for plans that are subject to ERISA. However, these will apply regardless of whether the plan itself is amended and it does not need to be amended solely to take advantage of these provisions.

**Does an employer need to modify or make any elections in the amendment? Can the amendment be modified?**

Yes. The employer will need to add an effective date and choose which provisions to add. The amendment can be modified as needed.

**When do the amendments become effective?**

The amendment can take effect at any time during 2020 or 2021; however, IRS guidance indicates expenses for OTC drugs and menstrual products are reimbursable only if incurred after December 31, 2019. The IRS has provided that the amendments to expand flexibility for participants to make new election changes can be retroactive to January 1, 2020 so long as an amendment is made by December 31, 2021. For the increase in the cap for Dependent Care Assistance Program expenses, the amendment can be retroactive so long as the change is adopted by the last day of the 2021 plan year. Carryover, termination, and grace period provisions have various time frames but should, at the latest, be adopted by the end of the 2022 plan year, if those provisions are being used in the 2021 plan year. The change for PPE under Announcement 2021-7 needs to be adopted by December 31, 2022. To cover all provisions, the best option would be to adopt by the end of 2021.

If you adopted the 2020 amendment and now want to adopt the 2021 amendment, you can use a current effective date to cover changes going forward and select the 2021 and 2022 provisions. If you adopt the 2021 amendment only, you can cover all the changes with a retroactive amendment date.

In addition to the amendment, we have provided a sample Adopting Resolution, a sample Summary of Material Modifications (SMM), and a sample attestation for a participant to complete to document that they have obtained other coverage when revoking employer coverage under the new change in status provision.

**What if I have already made the 2020 CARES amendment and only want to change to new provisions?**

You can select the 2021 provisions and also modify the SMM to the 2021 provisions. We have identified the 2020 provisions by date.

# 2021 CAFETERIA PLAN AMENDMENT

**ARTICLE 1**

**PREAMBLE**

1.1 Adoption of Amendment. The Employer adopts this Amendment to implement provisions of the laws and other regulations and Notices issued by the IRS or DOL which affect the Plan, including CARES (Coronavirus Aid, Relief, and Economic Security Act), CAA (Consolidated Appropriations Act), and ARPA (American Rescue Plan Act) provisions; the provisions under IRS Notices 2020-29, 2021-15, and 2021-26; and Announcement 2021-7; and the DOL/IRS updates to the claims procedures and COBRA timelines (IRS Notice 2020-23 and EBSA Disaster Relief Notices 2020-01 and 2021-01).

1.2 Superseding of inconsistent provisions. This Amendment supersedes the provisions of the Plan to the extent those provisions are inconsistent with the provisions of this Amendment. The timeframes for application of provisions are as selected in Article 2, and, if appropriate, provisions only apply for the Plan Year selected.

1.3 Construction. Except as otherwise provided in this Amendment, any "Section" reference in this Amendment refers only to this Amendment and is not a reference to the Plan. The Article and Section numbering in this Amendment is solely for purposes of this Amendment and does not relate to the Plan article, section, or other numbering designations.

1.4 Effect of restatement of Plan. If the Employer restates the Plan then this Amendment shall remain in effect after such restatement unless the provisions in this Amendment are restated or otherwise become obsolete (e.g., if the Plan is restated onto a plan document which incorporates these provisions).

**ARTICLE 2**

**IDENTIFYING INFORMATION; EMPLOYER ELECTIONS**

2.1 **Identifying information.**

 A. Name of Employer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 B. Name of Plan: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.2 **[ ] Medical Expenses.**  The Plan may reimburse, in addition to existing provisions, any over-the-counter medications, menstrual products, telehealth and PPE (Personal Protective Equipment), as described in Article 3.

 The Employer elects to modify the medical expenses elected above as follows*:*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Expenses must be incurred after \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. *(Enter a date not earlier than December 31, 2019.)*

2.3 **Change in Status for health coverage.** The Plan adopted the new change in status events for Participants related to health (medical, dental or vision) coverage, as described in Section 4.2.

 **[ ] For calendar year 2020, with the following limitations (leave blank if none).**

The Employer elects to limit the change in status as follows: *(e.g. can only increase coverage, number of changes allowed (one time, before 7/31/2020, etc.)):*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **[ ] For plan years ending in 2021, with the following limitations (leave blank if none).**

The Employer elects to limit the change in status as follows: *(e.g. can only increase coverage, number of changes allowed (one time, before 7/31/2021, etc.)):*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.4 **Change in Status for Health Flexible Spending Account.** The Plan adopts the new change in status events for Participants related to Health Flexible Spending Accounts, as described in Section 4.3

 **(a) [ ]** **For calendar year 2020, with the following limitations (leave blank if none).**

The Employer elects to limit the change in status as follows: *(e.g. can only increase coverage, number of changes allowed (one time, before 7/31/2020, etc.)):*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **(b) [ ] For plan years ending in 2021, with the following limitations (leave blank if none).**

The Employer elects to limit the change in status as follows: *(e.g. can only increase coverage, number of changes allowed (one time, before 7/31/2021, etc.)):*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.5 **Change in Status for Dependent Care Flexible Spending Account.** The Plan adopts the new change in status events for Participants related to Dependent Care Flexible Spending Accounts, as described in Section 4.3.

 **(a) [ ]** **For calendar year 2020, with the following limitations (leave blank if none).**

The Employer elects to limit the change in status as follows: *(e.g. can only increase coverage, number of changes allowed (one time, before 7/31/2020, etc.)):*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **(b) [ ] For plan years ending in 2021, with the following limitations (leave blank if none).**

The Employer elects to limit the change in status as follows: *(e.g. can only increase coverage, number of changes allowed (one time, before 7/31/2021, etc.)):*

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.6 **Carryover.** The Plan adopts the carryover provisions and/or the new adjustment for the carryover

 of unused benefits, contributions or amounts to be used in the health and dependent care flexible spending

 accounts as follows:

 **(a) [ ]** **Yes, for the Health FSA for:**

 (1) [ ] Plan year ending in 2020 into plan year ending in 2021. (Limited to: $\_\_\_\_\_\_)

 (2) [ ] Plan year ending in 2021 into plan year ending in 2022. (Limited to: $\_\_\_\_\_\_)

 **(b) [ ] Yes, for the Dependent Care FSA for:**

(1) [ ] Plan year ending in 2020 into plan year ending in 2021. (Limited to: $\_\_\_\_\_\_)

 (2) [ ] Plan year ending in 2021 into plan year ending in 2022. (Limited to: $\_\_\_\_\_\_)

 **(c)** **[ ] Additional Limitations:** *(e.g. opt out for participants who want to be in HSA, amounts*

*transferred from limited to general health FSA, must re-enroll for subsequent plan years)* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.7 **Grace Period and Extended Claims Period for Unused Amounts (CARES and CAA).** Will the Plan

 adopt the extension of time or modify existing provisions to permit employees to apply unused amounts

 remaining in the Health Flexible Spending Account and/or Dependent Care Flexible Spending account

 as described in Article 6.2?

 **(a) [ ]** **Yes, for the Health FSA for:**

(1) [ ] Extending the grace period for plan year ending in 2019 to December 31, 2020 (only applies to plans with a grace period ending in 2020 or non-calendar year 2020 plans)

 (2) [ ] Plan Year ending in 2020 extending into plan year ending in 2021

 (3) [ ] Plan Year ending in 2021 extending into plan year ending 2022

 **(b) [ ] Yes, for the Dependent Care FSA for:**

 (1) [ ] Extending the grace period for plan year ending in 2019 to December 31, 2020 (only applies to plans with a grace period ending in 2020 or non-calendar year 2020 plans)

 (2) [ ] Plan Year ending in 2020 extending into plan year ending in 2021

 (3) [ ] Plan Year ending in 2021 extending into plan year ending 2022

 **(c)** **[ ] Limitations:**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.8 **Terminated Participant Claims for Unused Health FSA Amounts.** The Plan will adopt the extension of time to permit employees to spend down unused benefits or contributions remaining in the Health Flexible Spending Account as described in Article 6.4 if the employee terminates during the:

 **(a) [ ]** **2020 calendar year**

 **(b) [ ]** **2021 calendar year**

 **(c)** **[ ] Limitations:** *(e.g., only through specified date, only for amounts up to, etc.)* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.9 **Dependent Care Assistance Program Provisions.**

  **[ ]** The Plan will adopt the new limits of $10,500 and $5,250, as described in Article 6.

 **[ ]** The Plan will use age 14 in place of age 13 as the "age out" for dependents of Participants for the Plan

 Year ending in 2020 or 2021, as provided in Article 6.

2.10 **Effective Date.** This Amendment is effective as of January 1, 2020, or, if later, the following date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Effective dates for certain provisions are detailed below.

**ARTICLE 3**

**MEDICAL EXPENSES REIMBURSED**

3.1 **Application.** The Plan’s definition of "Medical Expenses" under the Plan is amended by the addition of the following provisions if selected at Section 2.2, as modified, if applicable.

3.2**Over-the-Counter Medications**. Notwithstanding anything in the Plan to the contrary, a Participant may be reimbursed for the cost of any medicine or drug for medical care, within the meaning of the term "medical care" as defined in Code Section 213(d) and the rulings and Treasury regulations thereunder, determined without regard to whether medicines or drugs have been prescribed. Insulin remains a covered expense. The intention of this provision is to permit coverage for over-the-counter medications.

3.3 **Menstrual Products**. A Participant may be reimbursed for the purchase of menstrual care products as defined in Code Section 223(d)(2)(D) and as authorized in Code Section 106(f).

3.4 **Telehealth**. A Participant may be reimbursed for expenses related to telehealth and other remote care as defined in the CARES Act and further guidance. Such coverage will not disqualify an HSA-eligible High Deductible Health Plan if made for services provided on or after January 1, 2020, with respect to Plan Years beginning on or before December 31, 2021 or, and with respect to such additional Plan Years as may become permissible under applicable law and/or IRS guidance.

3.5 **PPE (Personal Protective Equipment)**. A Participant may be reimbursed for purchase of personal protective equipment, such as masks, hand sanitizer, sanitizing wipes, and any other equipment for the primary purpose of preventing the spread of COVID-19 as defined in Announcement 2021-7 and allowed under Code Section 213(d).

**ARTICLE 4**

**CHANGE IN STATUS EVENTS**

4.1 **Application.** The Plan’s provisions concerning "Change in Status" under the Plan are amended by the addition of the following provisions. Such provisions can apply to health (medical, dental or vision) coverage, the Health Flexible Spending Account and Dependent Care Flexible Spending Account, as elected at 2.3 to 2.5 above for mid-year elections made during 2020 and 2021. All changes in health insurance coverage must be allowed by the Plan’s insurance carrier and can be limited by that carrier.

4.2 **Change in Status – health (medical, dental, vision) insurance.** Section 4.2 applies if the Employer has made Election 2.3 and is subject to any limitations above.

1. **Revocation.** Participant may elect to revoke existing coverage under the Plan and select new coverage not sponsored by the Employer prospectively. Such Participant must complete an attestation that the new coverage will be effective immediately or has been obtained. The Employer may rely on such attestation unless there is actual knowledge to the contrary.
2. **Prospective Coverage.** A Participant who has previously rejected coverage under the Plan may now elect to be covered prospectively under the Employer’s health insurance coverage and pay for such coverage through the Plan. A Participant who has previously elected one type of coverage under the Plan shall be able to elect another type of coverage prospectively under the Plan (e.g. change from individual to family coverage).

4.3 **Change in Status – Health or Dependent Care Flexible Spending Account.** A Participant who has previously rejected coverage under the selected flexible spending account may now elect to contribute prospectively to such account. A Participant who has previously elected an amount to be reimbursed under the flexible spending account may now adjust or revoke that amount, subject to the statutory and plan limitations on the maximum allowable contribution and the limitations elected above in Election 2.4 and/or 2.5.This section applies to Plan Years and accounts as elected at 2.4 and 2.5. No amounts may be transferred from the health flexible spending account to the dependent care flexible spending account or vice versa.

**ARTICLE 5**

**FLEXIBLE SPENDING ACCOUNT CARRYOVER**

5.1 **Application.** This Section 5.1 will apply if the Employer has made Election 2.6. Carryover provisions may either be added or modified by this provision. A Participant in the Health Flexible Spending Account may carry over unused amounts for a Plan Year beginning on or after January 1, 2020 to the immediately following Plan Year. For the 2020 and 2021 Plan Years, as selected, a Participant in the Health or Dependent Care Flexible Spending Accounts may carry over unused amounts remaining at the end of one Plan Year to the immediately following Plan Year (ending in 2022 for 2021 amounts). Unless such Health Flexible Spending Account is a limited purpose flexible spending account, a Participant will not be permitted to contribute to a Health Savings Account (HSA) during the carryover period. A Participant may change from a general-purpose health FSA to a limited purpose FSA to be covered by an HSA. A Participant may also move from a limited purpose to a general-purpose health FSA. However, only expenses incurred after the date of the change can be reimbursed by the applicable FSA.

**ARTICLE 6**

**CLAIMS SUBMISSION AND OTHER PROVISIONS**

6.1 **Application.** The Plan’s deadlines contained within its claims procedures, and various other statutory deadlines are temporarily extended as set forth in IRS Notice 2020-23, EBSA Disaster Relief Notice 2020-01, the joint notice of the IRS and DOL published May 4, 2020, entitled "Extension of Certain Timeframes for Employee Benefit Plans, Participants, and Beneficiaries Affected by the COVID–19 Outbreak," Disaster Relief Notice 2021-01, and subsequent guidance. Such deadlines shall include but are not limited to HIPAA special enrollment, COBRA qualifying event notifications, COBRA elections and payments, and claims procedure deadlines, including initial filing and appeal of adverse benefit determination. Such deadlines began as of March 1, 2020. The deadlines have a "tolling period" that ends on the earlier of one year from the date of the original deadline for such Participant would have begun running or until 60 days after the end of the National Emergency declared by the Federal government as a result of the national emergency due to the COVID 19 pandemic (the "Outbreak Period"). COBRA elections are also subject to the timelines set forth in the American Rescue Plan Act.

6.2 **Grace Period and Extension of Unused Amounts.** This Section 6.2 will apply if the Employer has made Election 2.7. If the Plan uses a grace period for the Health Flexible Spending Account and/or Dependent Care Flexible Spending Account, the grace period now extends for twelve months after the end of the Plan Year, through the 2021 Plan Year. Unless such Health Flexible Spending Account is a limited purpose flexible spending account, a Participant will not be permitted to contribute to a Health Savings Account (HSA) during the extended period. A Participant may change from a general-purpose health FSA to a limited purpose FSA to be covered by an HSA. A Participant may also move from a limited purpose to a general-purpose health FSA. However, only expenses incurred after the date of the change can be reimbursed by the applicable FSA.

6.3 **Definition of "Dependent."** This Section 6.3 will apply if the Employer has made Election 2.9(b). For "Employment Related Expenses" in the Dependent Care Assistance Flexible Spending Account, for which the regular enrollment period was on or before January 31, 2020, Section 21(b)(1)(A) of the Code shall be applied by substituting age 14 for age 13 if the employee is enrolled in a plan with an enrollment period ending on or before January 31, 2020, and one or more dependents who attained age 13 in that plan year, if carried over to the subsequent Plan Year.

6.4 **Terminated Participants**. This Section 6.4 will apply if the Employer has made Election 2.8. Participants who terminated participation during the 2020 or 2021 calendar years may have their medical expenses reimbursed from the Health Flexible Spending Account from unused benefits or contributions through the end of the respective Plan Year in which participation ceased (including any grace period, taking into account any modification of a grace period permitted under Article 2.7).

6.5 **Dependent Care Assistance Program Limits**. This Section 6.5 will apply if the Employer has made Election 2.9(a). For calendar year 2021, amounts paid from a Participant's Dependent Care Flexible Spending Account in or on account of any taxable year of the Participant shall not exceed the lesser of the Earned Income limitation described in Code Section 129(b) or $10,500 ($5,250 if a separate tax return is filed by a Participant who is married as determined under the rules of paragraphs (3) and (4) of Code Section 21(e)). Application of limits and taxation of any dependent care benefits shall be in accordance with Notice 2021-26.

\* \* \* \* \* \*

This Amendment has been executed this day of , 20 .

Name of Plan:

Name of Employer:

By:

 EMPLOYER

**CERTIFICATE OF ADOPTING RESOLUTION**

The undersigned authorized representative of (the Employer) hereby certifies that the following resolution was duly adopted by Employer on , and that such resolution has not been modified or rescinded as of the date hereof;

RESOLVED, this Amendment to the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Plan is hereby approved and adopted and that an authorized representative of the Employer is hereby authorized and directed to execute and deliver to the Plan Administrator the Amendment and to take any and all actions as it may deem necessary to effectuate this resolution.

The undersigned further certifies that attached hereto is a copy of the Amendment approved and adopted in the foregoing resolution.

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_

Signed:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 [print name/title]

**SUMMARY OF MATERIAL MODIFICATIONS**

**for the**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Name of Plan)

**I**

**INTRODUCTION**

This is a Summary of Material Modifications regarding the ("Plan"). This is merely a summary of the most important changes to the Plan and information contained in the Summary Plan Description ("SPD") previously provided to you. It supplements and amends that SPD so you should retain a copy of this document with your copy of the SPD. If you have any questions, contact the Administrator. If there is any discrepancy between the terms of the Plan, as modified, and this Summary of Material Modifications, the provisions of the Plan will control.

**II**

**SUMMARY OF CHANGES**

This amendment is effective \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

You may now request reimbursement for the purchase of "over the counter" drugs without a prescription.

You may now request reimbursement of the purchase of menstrual care products, including tampons, pads, and other products.

You may now request reimbursement of telehealth services.

You may now request reimbursement for the purchase of personal protective equipment, such as masks, hand sanitizer, sanitizing wipes and any other equipment for the primary purpose of preventing the spread of COVID-19.

For plan year 2020, you may have a change in status for health insurance (including medical, dental or vision) coverage:

* You may elect to enroll in medical health coverage on a prospective basis if you declined it during our enrollment period.
* You may elect to revoke your existing coverage and change it to another coverage option we offer (individual to family coverage, for example).
* You may elect to revoke your coverage with our insurance and enroll in coverage provided by another provider, including on the Health Exchange. However, you must sign a form stating that you will be obtaining coverage through other means.

For plan year 2021, you may have a change in status for health insurance (including medical, dental or vision) coverage:

* You may elect to enroll in medical health coverage on a prospective basis if you declined it during our enrollment period.
* You may elect to revoke your existing coverage and change it to another coverage option we offer (individual to family coverage, for example).
* You may elect to revoke your coverage with our insurance and enroll in coverage provided by another provider, including on the Health Exchange. However, you must sign a form stating that you will be obtaining coverage through other means.

For plan year 2020, you may have a change in status for your Health Flexible Spending Account as described below.

* You may elect to contribute to your Health Flexible Spending Account if you declined to do so during the enrollment period.
* You may elect to increase your Health Flexible Spending Account, up to the maximum that we allow *(fill in amount)*.
* You may elect to decrease the amount you contribute to your Health Flexible Spending Account on a prospective basis (*however, it may not be less than the amount you have already contributed to the plan or have already been reimbursed, if greater*).

For plan year 2020, you may have a change in status for Dependent Care Flexible Spending Account:

* You may elect to contribute to your Dependent Care Flexible Spending Account if you declined to do so during the enrollment period.
* You may elect to increase your Dependent Care Flexible Spending Account, up to the maximum that we allow *(fill in amount)*
* You may elect to decrease the amount you contribute to your Dependent Care Flexible Spending Account on a prospective basis (*however, it may not be less than the amount you have already contributed to the plan or have already been reimbursed, if greater*).

For plan year 2021, you may have a change in status for your Health Flexible Spending Account as described below.

* You may elect to contribute to your Health Flexible Spending Account if you declined to do so during the enrollment period.
* You may elect to increase your Health Flexible Spending Account, up to the maximum that we allow *(fill in amount)*
* You may elect to decrease the amount you contribute to your Health Flexible Spending Account on a prospective basis (*however, it may not be less than the amount you have already contributed to the plan or have already been reimbursed, if greater*).

For plan year 2021, you may have a change in status for Dependent Care Flexible Spending Account:

* You may elect to contribute to your Dependent Care Flexible Spending Account if you declined to do so during the enrollment period.
* You may elect to increase your Dependent Care Flexible Spending Account, up to the maximum that we allow *(fill in amount)*
* You may elect to decrease the amount you contribute to your Dependent Care Flexible Spending Account on a prospective basis (*however, it may not be less than the amount you have already contributed to the plan or have already been reimbursed, if greater*).

For the 2020 plan year, you may carryover amounts up to $550 that are left in your Health Flexible Spending Account. This means that amounts you did not use during the 2020 Plan Year can be carried over to the 2021 Plan Year and used for expenses incurred in the 2021 Plan Year. *[You can only carry over amounts if you participate in the Plan for the next Plan Year.]* This amount will be adjusted in future plan years.

For the 2020 (and 2021) plan year, you may carryover amounts that are left in your Health [or Dependent Care] Flexible Spending Accounts. This means that amounts you did not use during the 2020 Plan Year can be carried over to the 2021 Plan Year and used for expenses incurred in the 2021 Plan Year.

If you did not spend all the amounts in your *[Health Flexible Spending Account], [Dependent Care Flexible Spending Account]* by the end of the 2019 Plan Year, you may continue to incur claims for expenses for a 2019 plan year for twelve months after the end of the plan year. This will also be available for the 2020 plan year and the 2021 plan year.

For 2021, the law places limits on the amount of money that can be paid to you in a calendar year from your Dependent Care Flexible Spending Account. Your reimbursements may not exceed the lesser of: (a) $10,500 (if you are married filing a joint return or you are head of a household) or $5,250 (if you are married filing separate returns).

If you terminate employment in 2020/2021, and you did not spend all the amounts in your Health Flexible Spending Account by your date of termination, you may continue to request reimbursement for claims until the end of the 2020/2021 Plan Year.

For 2020, you can claim dependent care expenses for children until they turn age 14.  If you have unused funds from 2020 you can claim dependent care expenses for children until they turn age 14 in 2021.

The deadlines for submitting claims, notifying the plan administrator of certain HIPAA special enrollment rights or certain COBRA qualifying events, electing COBRA coverage and making COBRA payments and making appeals, will be extended due to the pandemic. Your Administrator will provide you with details.

***Plan Name***

**ATTESTATION OF OUTSIDE COVERAGE**

**Participant Information**

Name

Address

Last 4 digits of Social Security Number

I attest that I am enrolled in, or immediately will enroll in, one of the following types of coverage: (1) employer-sponsored medical health coverage through the employer of my spouse or parent; (2) individual health insurance coverage enrolled in through the Health Insurance Marketplace (also known as the Health Insurance Exchange); (3) Medicaid; (4) Medicare; (5) TRICARE; (6) Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA); or (7) other coverage that provides comprehensive health benefits (for example, health insurance purchased directly from an insurance company or health insurance provided through a student health plan).

Signed:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Return your completed election to: [insert name and address]